

# CLIENT BILL OF RIGHTS

visit [TAIF.org](http://TAIF.org) or [Grooby.com](http://Grooby.com) for more information

- You have the right to be treated ethically and free from abuse, discrimination, mistreatment, and/or exploitation.
- You have the right to decline a particular type of treatment, or end treatment without obligation or harassment.
- You have the right to report unethical and illegal behavior by a therapist.
- You have a right to change therapists.
- You have a right to have your records protected by confidentiality unless given your written authorization. There are some conditions where confidentiality may be broken (this will vary from state to state, but generally applies to concerns of safety - to self and others). In these cases, you have the right to know the limits of confidentiality and the circumstances in which a therapist is legally required to disclose information to others.
- You have the right to participate in developing your plan of treatment.
- You have the right to receive an explanation of services regarding your treatment plan.
- You have the right to request and receive information about the therapist's professional capabilities, including licensure, education, training, experience, professional association membership, specialization, and limitations.
- You have the right to decline to answer any question or disclose any information you choose not to reveal. You have the right to receive a second opinion at any time about your therapy or your therapist's methods.
- You have the right to request and receive information from the therapist about your progress toward your treatment goals.
- You have a right to know if there are supervisors, consultants, students, or others with whom your therapist will discuss your case.
- You have the right to receive a copy of your records or have a copy of your records transferred to any therapist or agency you choose.
- You have a right to a safe space without judgment or harassment.
- Above all, you have the right to be treated with dignity and respect.